Acute Heart Failure 2019

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FROM THOUGHT LEADERSHIP TO CLINICAL PRACTICE



- Employment: Duke University
- <u>Grant Support</u>: NHLBI, American Heart Association, Novartis, Amgen, Merck, Roche Diagnostics, Cytokinetics
- <u>Consulting</u>: Novartis, Amgen, Roche Diagnostics, Medtronic, BMS, GSK, Cytokinetics, EBR Systems, Abbott, Cardionomic, SC Pharma, Innolife, V-Wave, LivaNova, Alnylam
- Journals: Associate Editor, JACC: Heart Failure





Does Acute Heart Failure = Hospitalization for Heart Failure?

- "Acute heart failure" is often not really acute
- Worsening heart failure can occur in both inpatient and outpatient settings
- This concept often conflates a clinical/biological process (worsening of heart failure) and a location of care (the hospital)



Goals of Care in Patients Hospitalized with HF

- Symptom relief
- Stabilize in-hospital course
- Optimize ICU/hospital length of stay
- Prevent in-hospital mortality
- Optimize chronic care
- Prevent post discharge events (death/rehosp)





AHF Pathophysiology Remains Complex and Poorly Understood



Current Treatments of HHF





Loop Diuretics in Heart Failure





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Ellison D & Felker, GM. NEJM 2017



Secondary Endpoints: Low vs. High

	Low	High	P value
Dyspnea VAS AUC at 72 hours	4478	4668	0.041
% free from congestion at 72 hrs	11%	18%	0.091
Change in weight at 72 hrs	-6.1 lbs	-8.7 lbs	0.011
Net volume loss at 72 hrs	3575 mL	4899 mL	0.001
Change in NTproBNP at 72 hrs (pg/mL)	-1194	-1882	0.06
% Treatment failure	37%	40%	0.56
% with Cr increase > 0.3 mg/dL within 72 hrs	14%	23%	0.041
Length of stay, days (median)	6	5	0.55

Felker GM et al, NEJM 2011



ORIGINAL ARTICLE

Effect of Nesiritide in Patients with Acute Decompensated Heart Failure





O'Connor CM et al, NEJM 2011



Inotropic Therapy for HF: ALARM Registry





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Mebazza, A et al. Int Care Med 2011



In-hospital Adverse Events





Cuffe MS et al. JAMA. 2002;287:1541-1547.





RELAX-AHF-2: CV mortality



Teerlink, Metra, HFA 2017



ORIGINAL ARTICLE



Packer M et al NEJM 2017









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Acute Treatment With Omecamtiv Mecarbil to Increase Contractility in Acute Heart Failure





Systolic ejection time increased as corresponding plasma omecamtiv mecarbil concentrations rose in 89 subjects from the echocardiographic substudy. **Solid line** = linear regression; **dashed lines** = 95% confidence interval.



Teerlink, J.R. et al. J Am Coll Cardiol. 2016; 67(12):1444-55.

Teerlink et al JACC 2016



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Nitroxyl (HNO): Mechanism of Action

Enhances contractility and relaxation by

- Increase in calcium release from ryanodine receptors¹
- Increase in sarcoplasmic reticulum (SR) calcium uptake due to activation of SERCA2A and PLB^{2,5,6}
- Increase in myofilament sensitivity (actin, MLC, and tropomyosin)^{3,4}
- No effect on L-type calcium channels

Vasodilation by

• Activation of soluble guanylate cyclase



Improved calcium cycling efficiency & increased myofilament sensitivity

References:

1.Kohr, et al., Front Biosci, 20094. Murray et al., JMCC, 20092.Tocchetti, et al., Circ Res, 20075. Froehlich, et al., Biochem, 20083.Dai, et al., J Physiol, 20076. Lancel, et al., Circ Res, 2009



What are the Hemodynamic "Buttons" We can Push?

BMS-986231

- Improve contractility (inotropy)
- Improve relaxation/filling (lusitropy)
- Optimize loading conditions
 - Preload

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Afterload

Can we demonstrate that these mechanisms are operative in patients with heart failure?



STAND UP AHF: Study Design

CV013-011





Felker et al EJHF in press



PIONEER HF: In-Hospital Initiation of Sacubitril/Valsartan







Conclusions

- HHF is a highly symptomatic and morbid condition
- Standard of care therapy (diuretics) improve resting symptoms in most patients if dosed adequately
- Novel therapies to date without clear benefit
- In hospital optimization of GDMT (including ARNi) improves outcomes
- More to do!

