



Lower Extremity Revascularization

Endovascular Should Be First

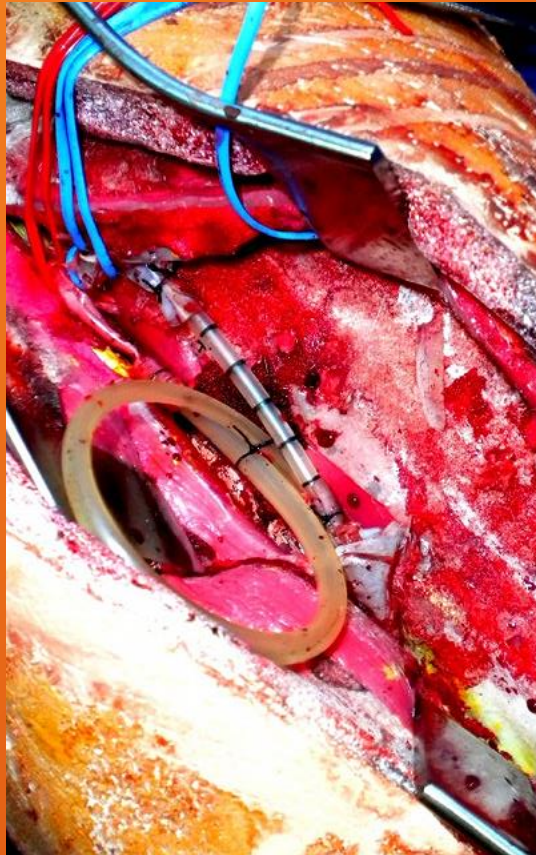
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Conflicts of Interest

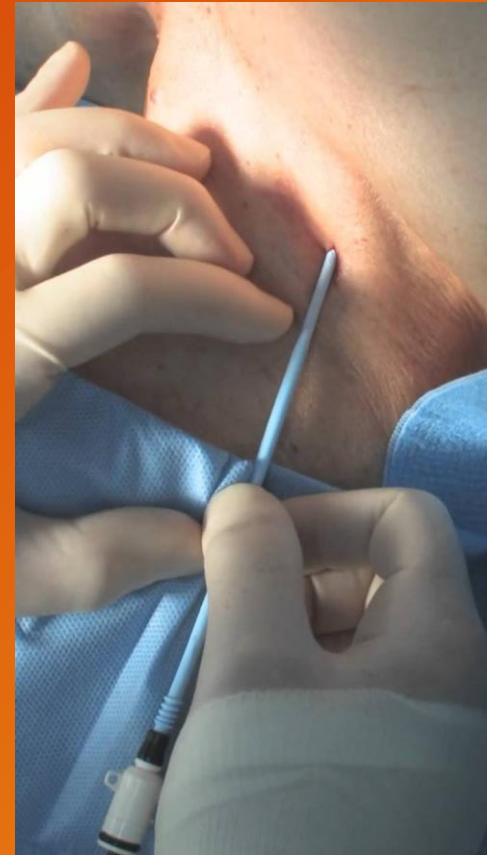


- None to declare relevant to PAD.

Starting Point



- By advocating for “endo-first”, I am not saying there is no role for open surgery in PAD.
- I am suggesting, that for the average patient, with the average clinical scenario, the least invasive, least morbid, safe and effective option should be chosen first.
- For the average PAD patient, that is endo-first.



Revascularization Conditions



- Chronic Limb Ischemia: Functional improvement.
 - ▶ Failed medical and exercise therapy.
 - ▶ Risk of limb loss very low.
 - ▶ Emphasis on long-term patency.
- Critical Limb Ischemia: Tissue loss, mortality high.
 - ▶ Urgent revascularization.
 - ▶ Establish straight-line flow to foot.
 - ▶ Institute optimal medical therapy.

Current State of the Art



- Femoral popliteal lesions: DCB > DES > BMS.
 - ▶ There are no comparative trials of Fem-Pop DCB vs DES.
 - ▶ DCB is preferred to leave no metal behind.
- Below-knee lesions: DES > BMS > PTA.
 - ▶ No role at this time for DCB.
 - ▶ DES (coronary) for ≤ 40 mm lesions.

Drug-Coated Devices and Mortality



NEWS • INTERVENTIONAL

Two Trials Halted in Wake of Study Linking Paclitaxel-Coated Devices to Deaths in PAD

A special meeting will be held in the coming months to review the issue. The lead author says he's pleased endovascular specialists are taking it seriously.



By L.A. McKeown | December 17, 2018



Treatment of Peripheral Arterial Disease with Paclitaxel-Coated Balloons and Paclitaxel-Eluting Stents Potentially Associated with Increased Mortality - Letter to Health Care Providers

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January 17, 2019

Dear Peripheral Interventionalists and Vascular Medicine Physicians:

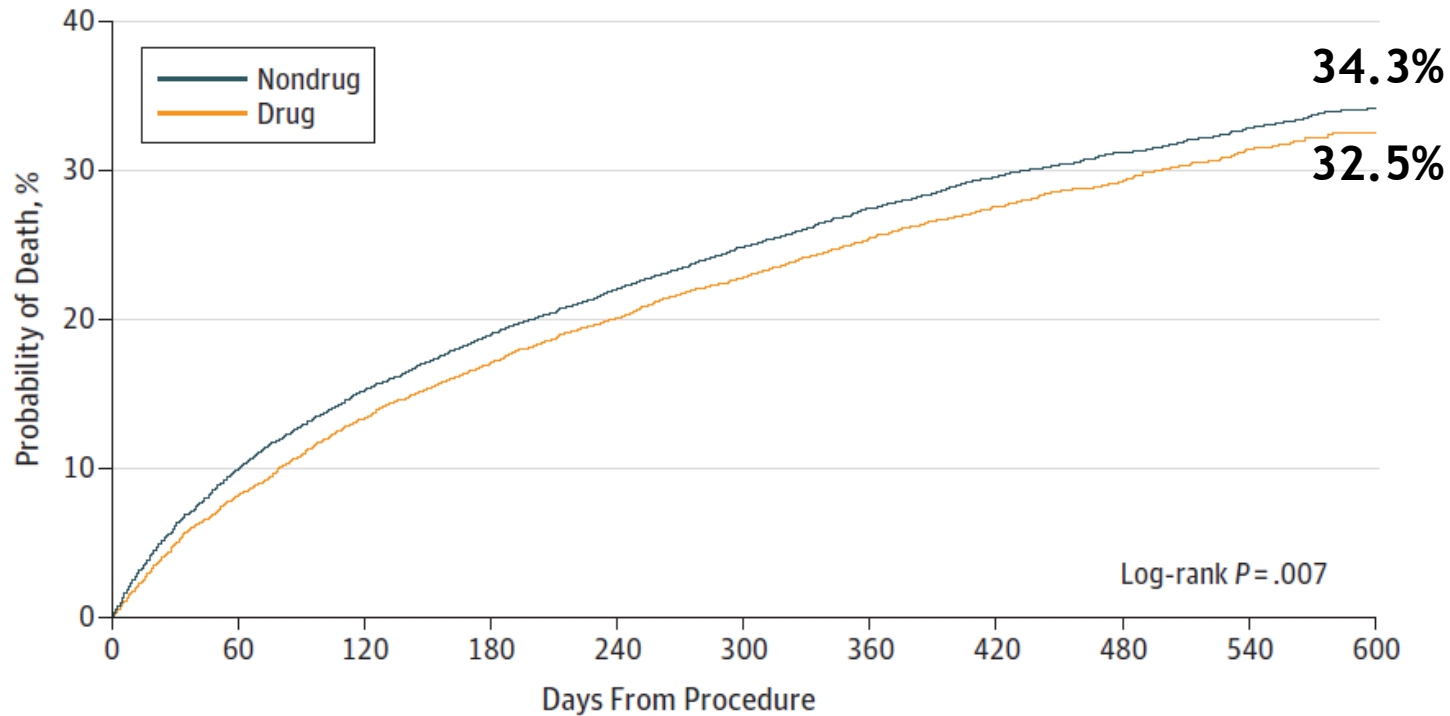
We are writing to inform you that the FDA is evaluating recent information regarding the potential for increased long-term mortality after use of paclitaxel-coated balloons and paclitaxel-eluting stents to treat peripheral arterial disease (PAD) in the femoropopliteal artery.

A [recent meta-analysis](#) of randomized trials published in the Journal of the American Heart Association (JAHA) suggests a possible increased mortality rate after two years in PAD patients treated with paclitaxel-coated balloons and paclitaxel-eluting stents compared to patients treated with control devices (non-coated balloons or bare metal stents). The specific cause for this observation is yet to be determined.

All Patients, All Devices (DCB & DES)



A Drug vs nondrug



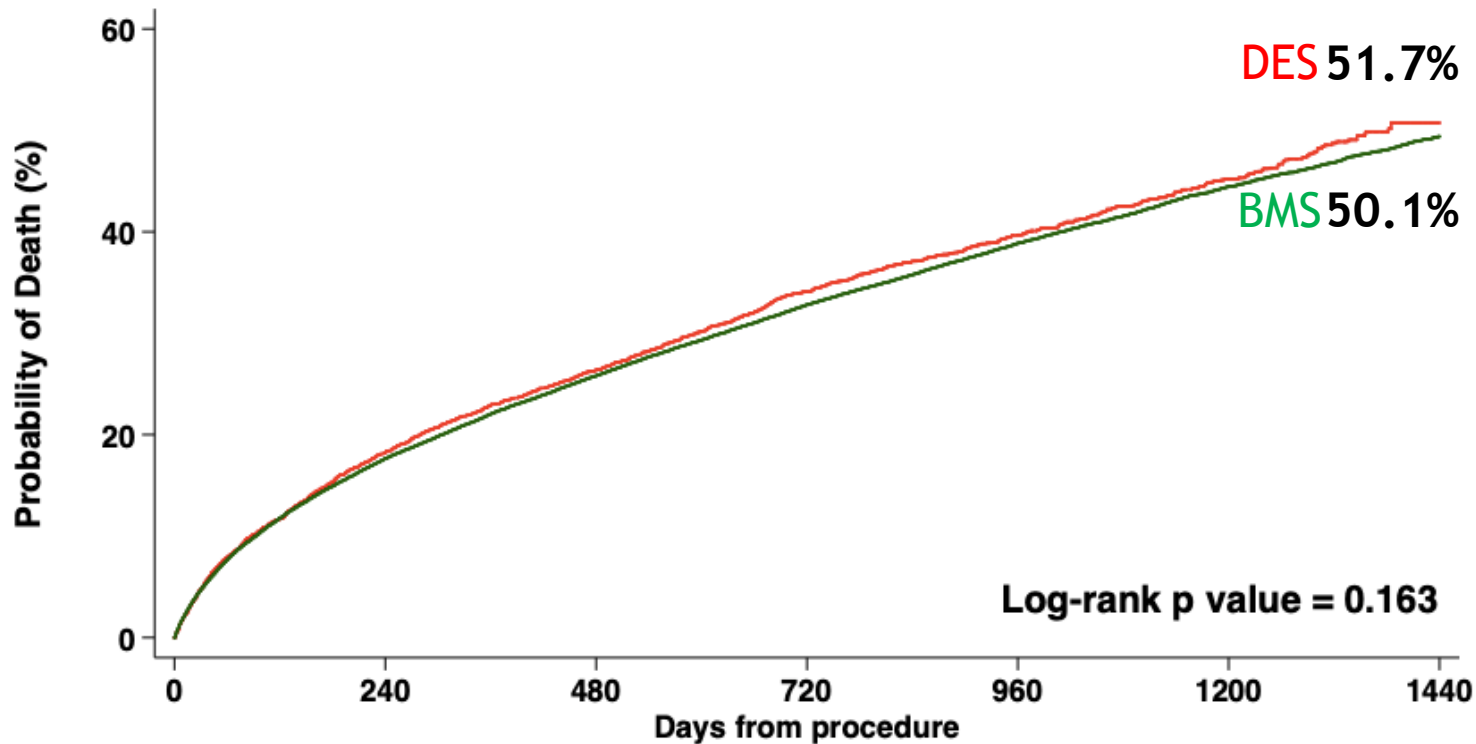
No. at risk

| | | | | | | | | | | | |
|---------|-------|------|------|------|------|------|------|------|------|------|-----|
| Drug | 5989 | 5500 | 5189 | 4966 | 4785 | 4229 | 3363 | 2552 | 1817 | 1046 | 298 |
| Nondrug | 10571 | 9517 | 8955 | 8560 | 8237 | 7321 | 5935 | 4610 | 3337 | 2016 | 670 |

No difference in survival in adjusted analysis

Adjusted HR 0.97;
95% CI, 0.91-1.04; $P = .43$

Long-Term Survival after Peripheral DES



No. at risk

| | | | | | | | |
|-----|-------|-------|-------|-------|-------|------|------|
| DES | 4105 | 3356 | 2947 | 1820 | 1133 | 550 | 68 |
| BMS | 47351 | 38955 | 34556 | 24203 | 16067 | 8547 | 1200 |

No difference in survival
in adjusted analysis

Adjusted HR 0.98; 95%CI,
0.93-1.03; P = .53

Evidence: Fem-Pop Revascularization

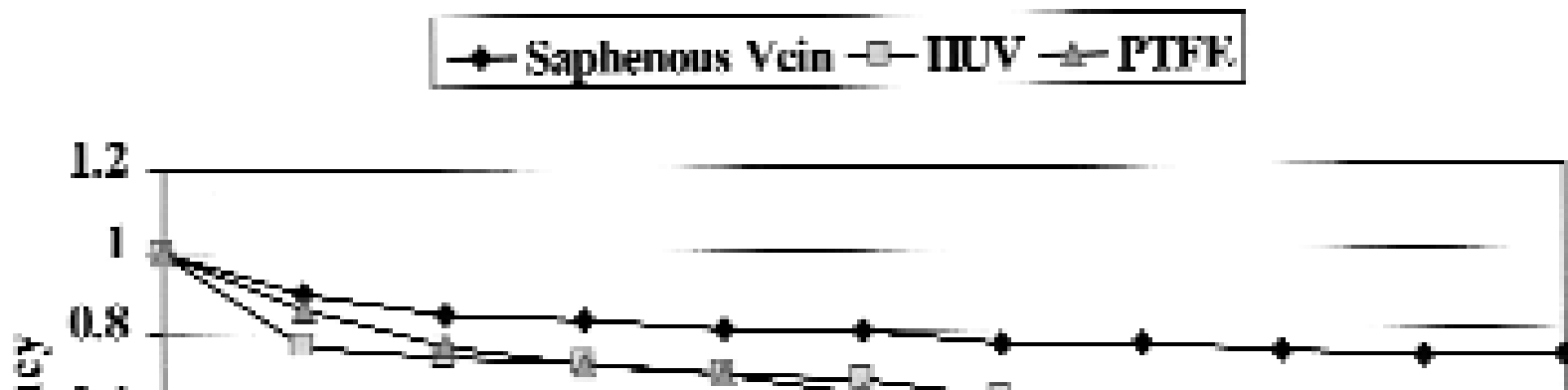


- Gold standard: Autogenous vein graft.



768 patients, VA hospitals, 3 armed prospective trial

FEMORAL-POPLITEAL ABOVE KNEE BYPASSES ^{73%}

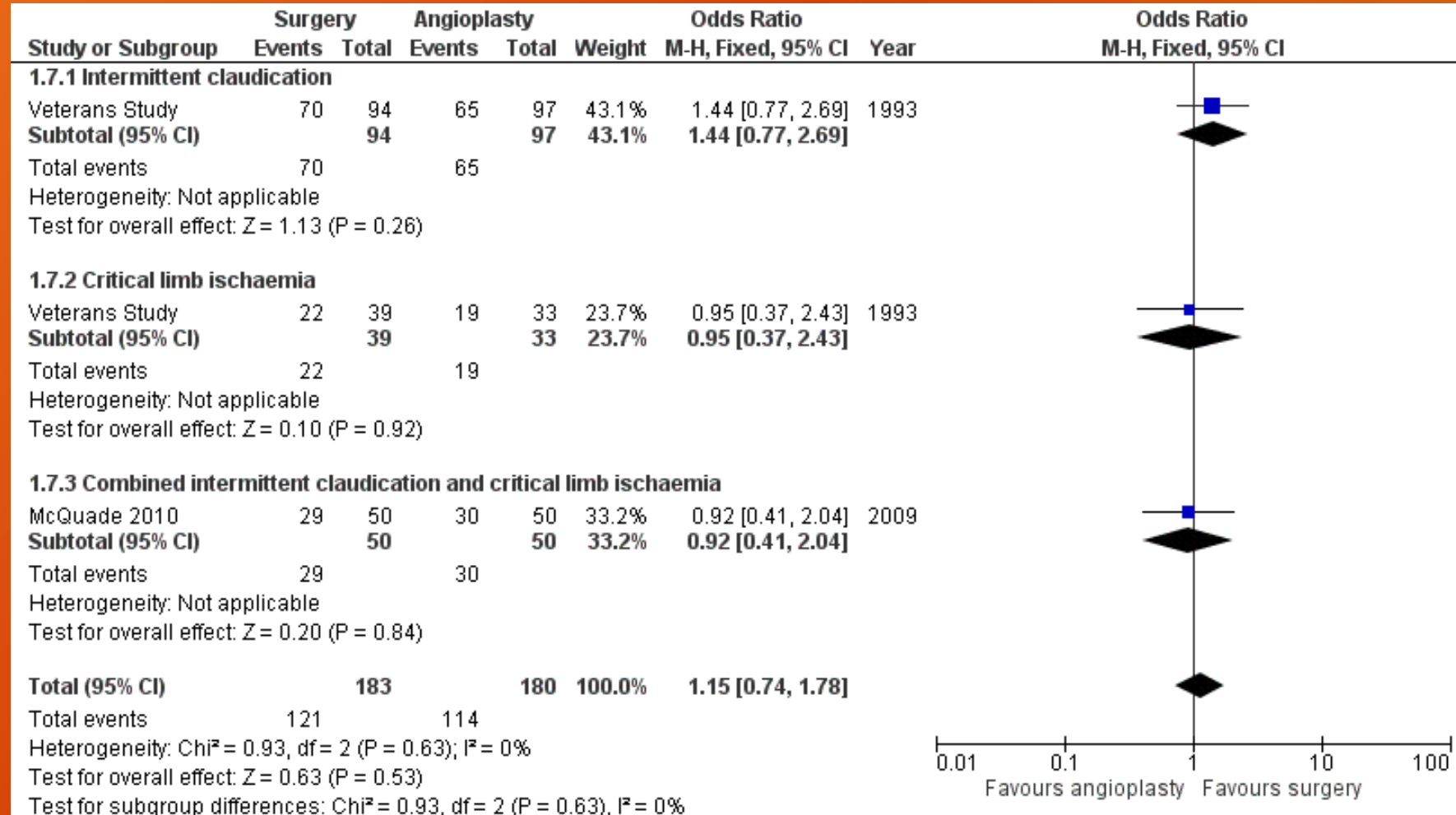


Saphenous vein
Umbilical vein
PTFE

Endo vs Bypass: Primary Patency 4 yrs



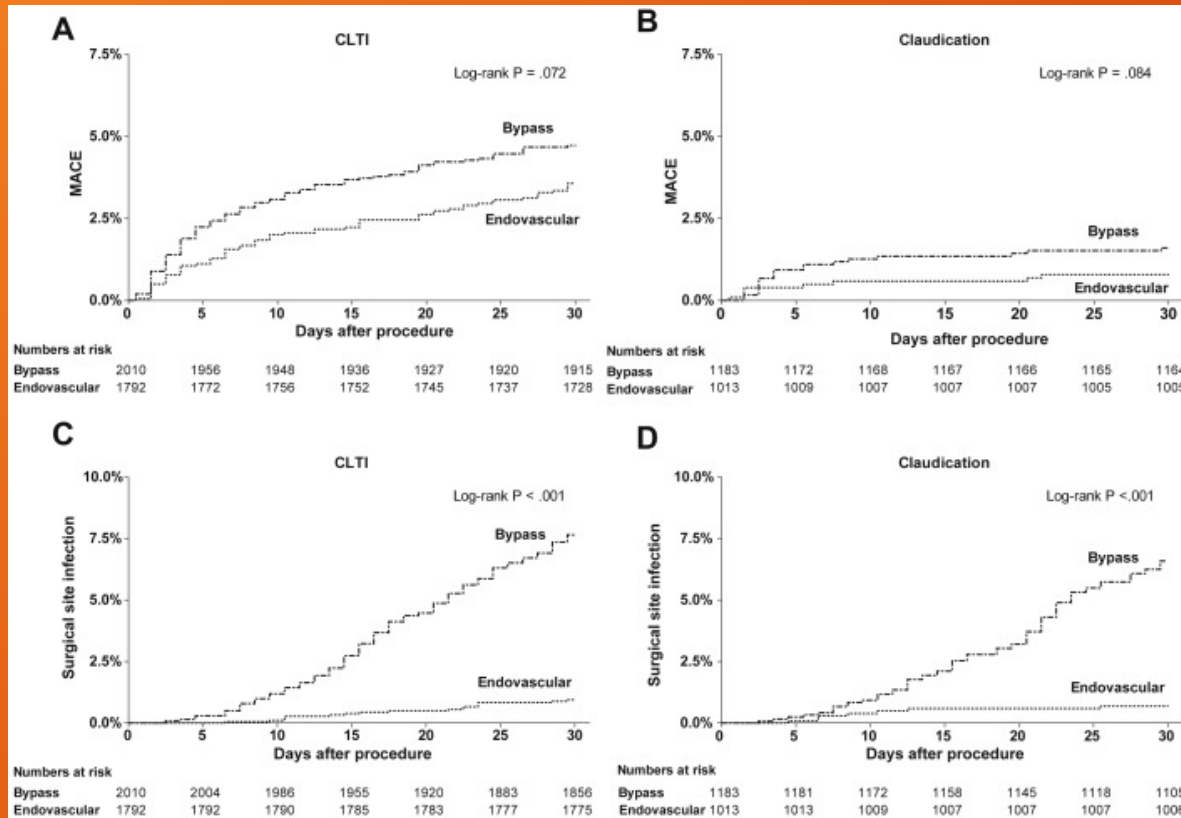
- Randomised controlled trials of bypass surgery versus PTA.
- NO DCB/DES trials.



Endo vs Surgery: 30 Day Complications



NSQIP Data Set 2011 - 2014



- A total of 5998 patients underwent first-time infrainguinal revascularization and were included in this study.
- In the CLTI cohort of 3802 patients, 2010 (53%) were treated with a bypass-first approach (19% of these were tibial procedures) and 1792 (47%) with an endovascular-first approach (31% were tibial procedures).
- Among 2196 patients with claudication, 1183 (54%) underwent first-time bypass (5% were tibial procedures) and 1013 (46%) first-time endovascular intervention (9% were tibial procedures).

Femoral-Popliteal Revascularization



Table IV. Outcomes/complications

| | <i>Bypass</i> | <i>Primary angioplasty/ stent</i> | <i>P value</i> |
|---|---------------|-----------------------------------|----------------|
| Length of stay (mean days) | 3.9 (2-11) | 1.2 (1-3) | <.01 |
| Acute myocardial infarction | 1% | 0 | NS |
| Pseudoaneurysm | 0 | 4% | NS |
| Wound infection | 16% | 0% | <.01 |
| Renal failure >20% increase in creatinine | 3% | 3% | NS |
| Return to operating room | 3% | 0 | NS |
| Bleeding complication | 2% | 1% | NS |
| Hematoma | 0 | 2% | NS |
| Postoperative occlusion | 2% | 0 | NS |

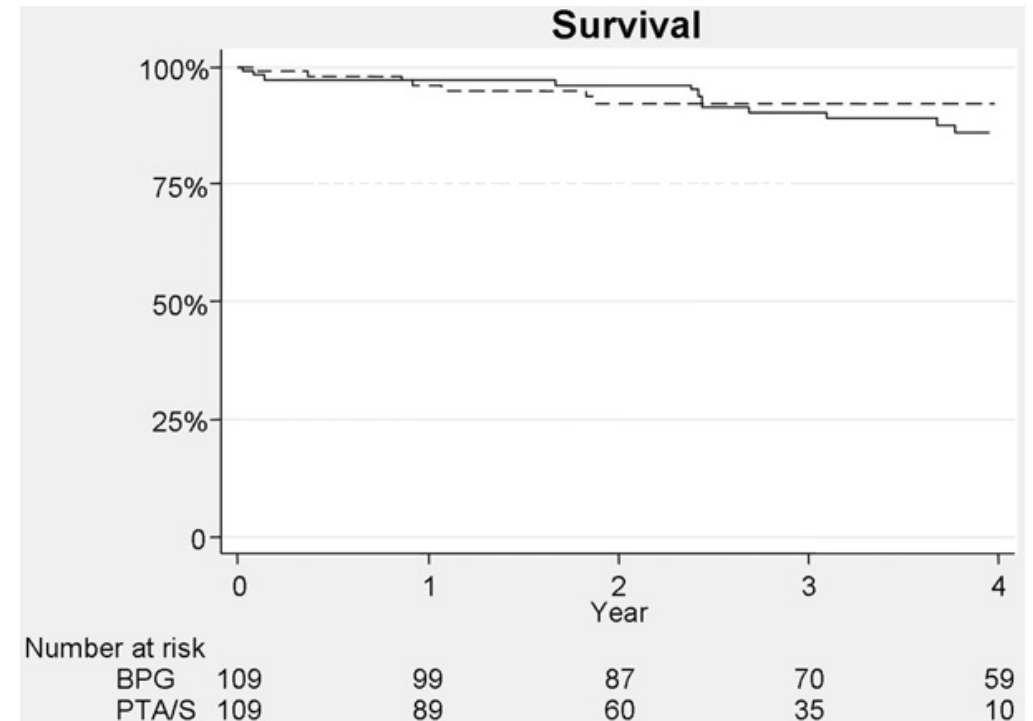


Fig 6. There is no difference in mortality between bypass (*BPG*) and percutaneous transluminal angioplasty ± stent (*PTA/S*) at 3 years.

Bypass: Surgical Site Infections

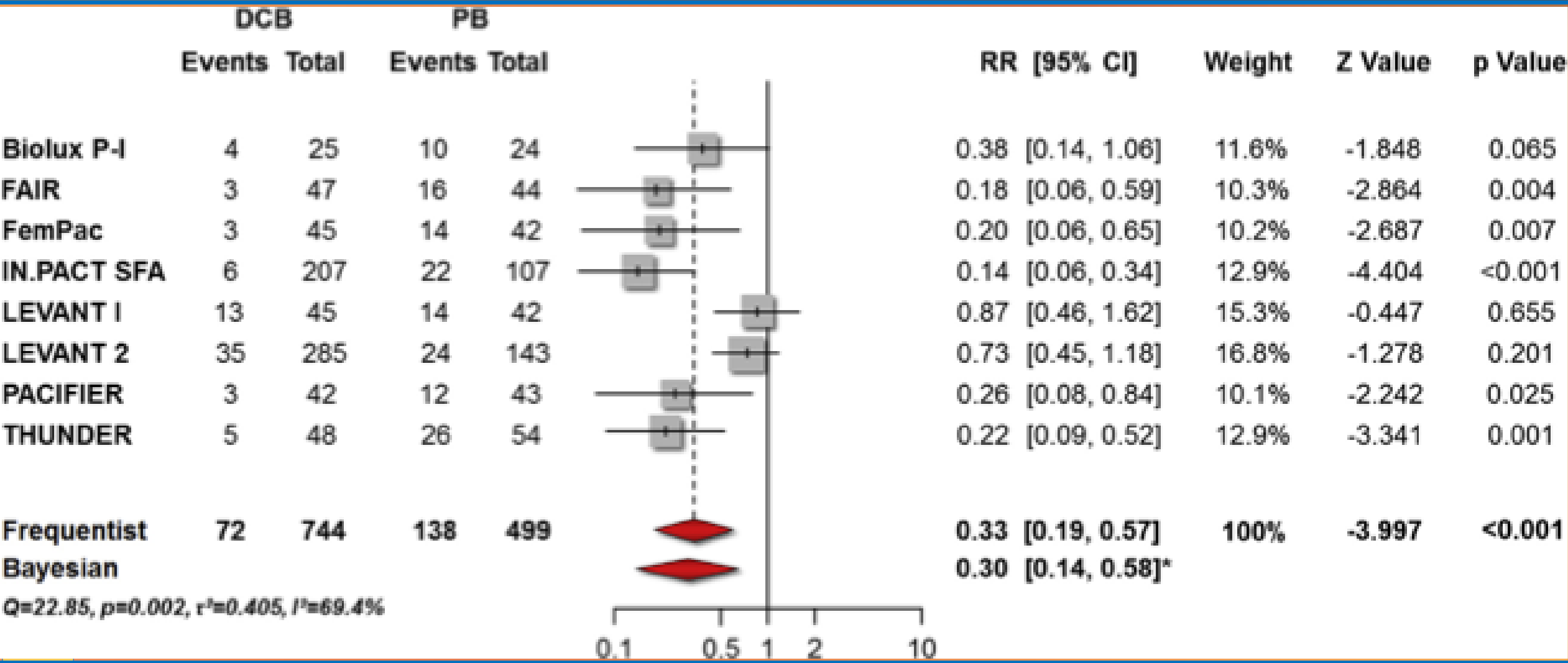


Table V. Comparison of 30-day morbidity and mortality for patients with and without surgical site infection (SSI)

| Variable | No SSI (n = 2713), No. (%) | SSI (n = 320), No. (%) | P value ^a |
|-----------------------|----------------------------------|------------------------------|----------------------|
| Transfusion | 768 (28.4) | 151 (47.3) | <.01 |
| Amputation | 222 (8.2) | 51 (16.3) | .02 |
| Major amputation | 62 (2.3) | 28 (9.0) | <.01 |
| Readmission | | | |
| Lymph leak | 26 (1.0) | 15 (4.8) | <.01 |
| Thrombectomy/lysis | 37 (1.4) | 4 (1.3) | 1.00 |
| Open bypass revision | | | |
| Surgical | 19 (0.7) | 11 (3.9) | <.01 |
| Percutaneous | 8 (0.3) | 2 (0.7) | .98 |
| Myocardial infarction | 59 (2.2) | 8 (2.6) | 1.00 |
| TIA/stroke | 15 (0.6) | 10 (3.2) | 0.19 |
| Dialysis | 3 (0.1) | 4 (1.3) | 0.30 |
| Death | 26 (1.0) | 11 (3.5) | 1.00 |

- Michigan statewide database
- 3,033 bypasses
- Surgical site infection: **10.6%**

DCB >> PTA: Meta-Analysis Fem-Pop

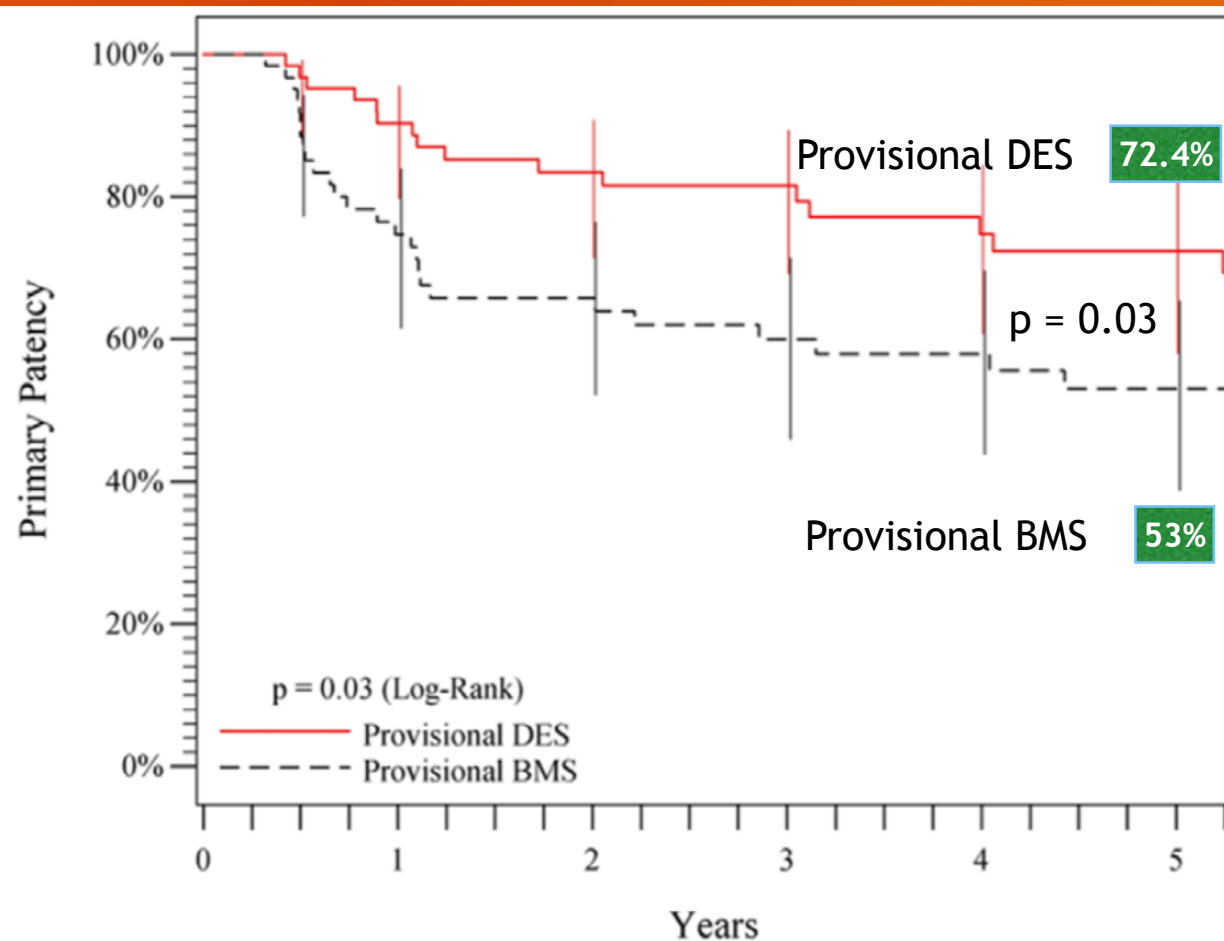
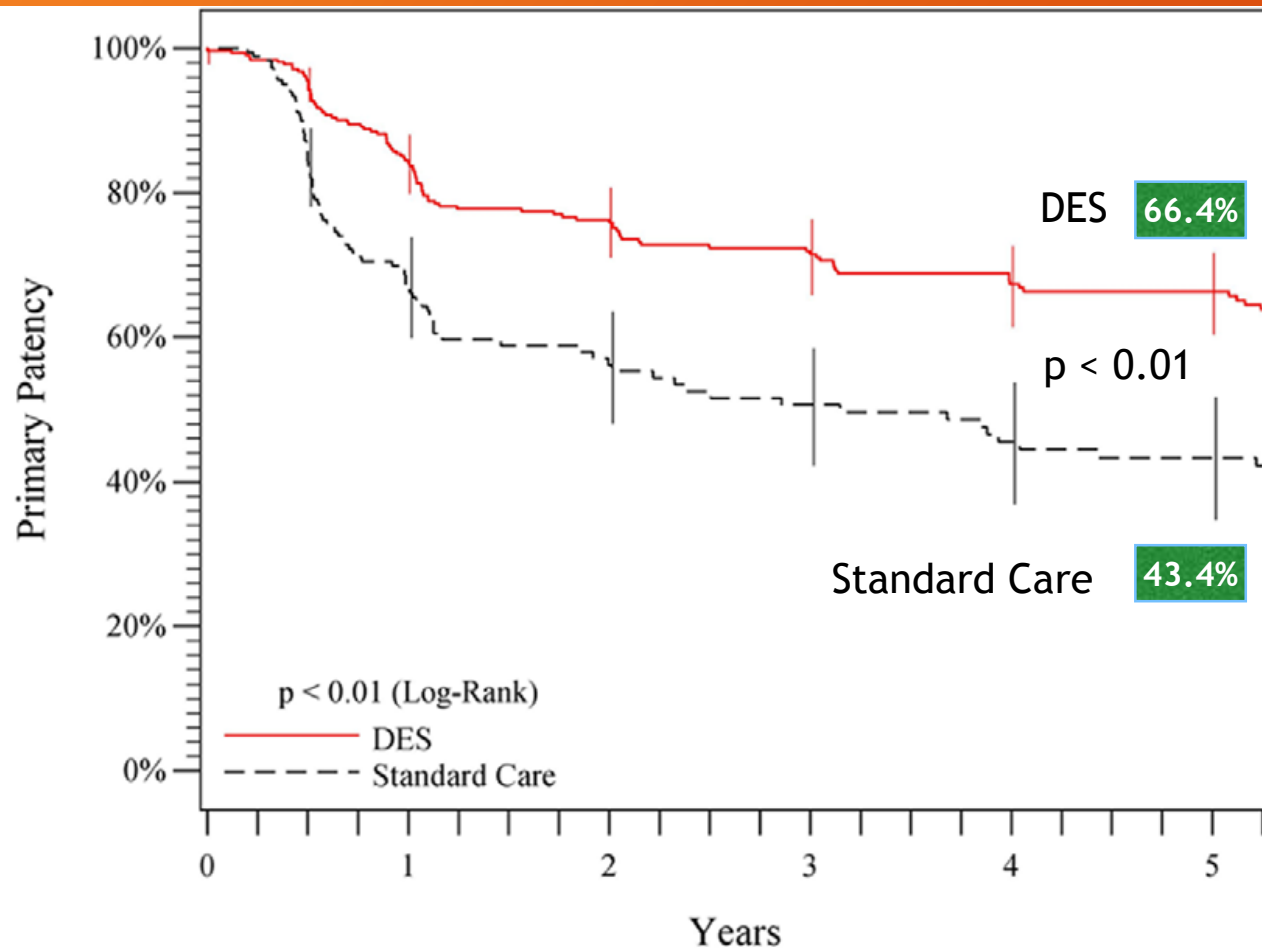




FEMORAL: DES vs. PTA at 5 Years

DES = 1° DES + Provisional DES
Standard Care = Optimal PTA + Provisional BMS

PTA + Provisional DES
PTA + Provisional BMS



Angioplasty of Femoral-Popliteal Arteries With Drug-Coated Balloons



5-Year Follow-Up of the THUNDER Trial

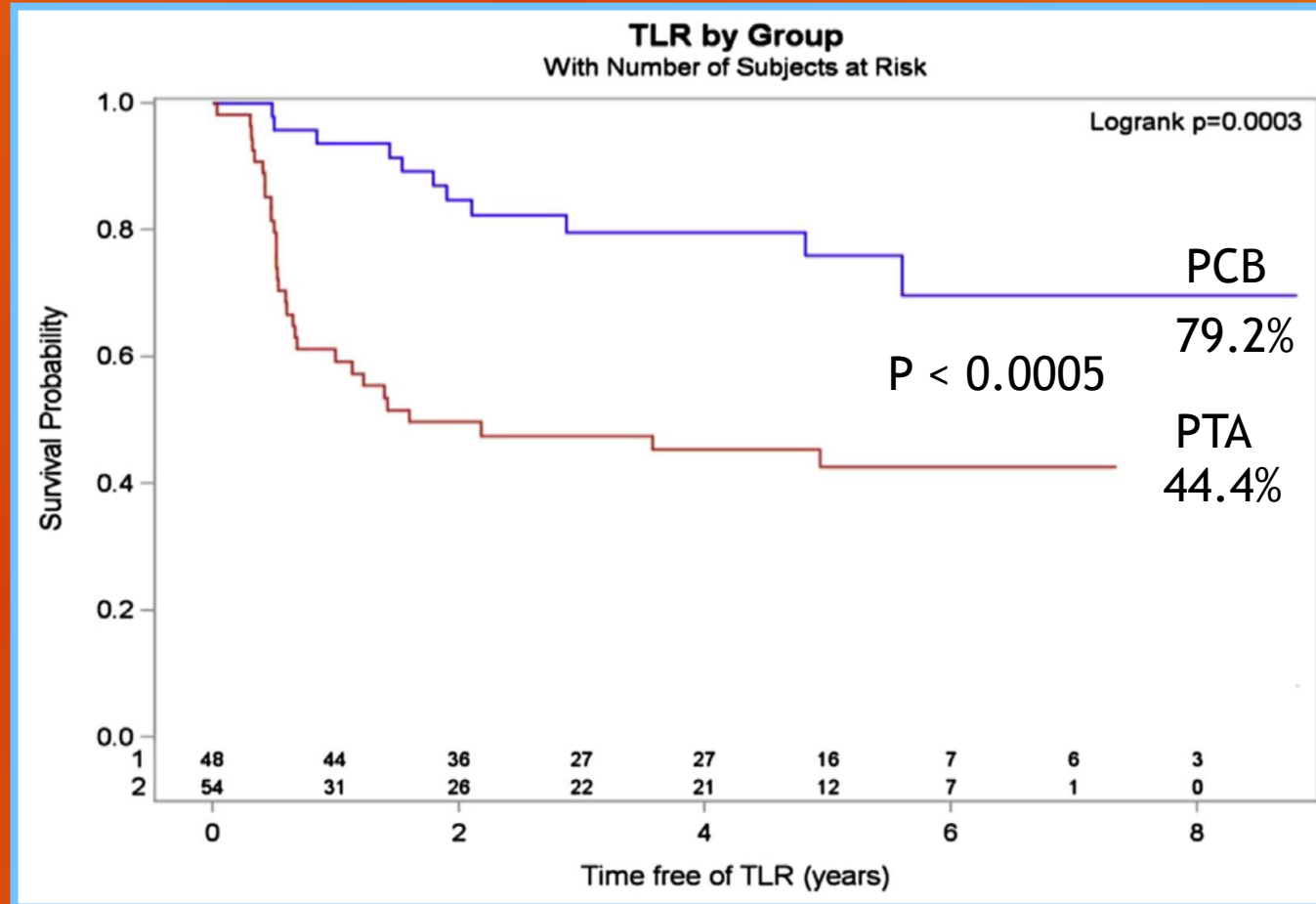
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TABLE 2 LLL, Binary Restenosis, and Cumulative TLR Over the Study Period

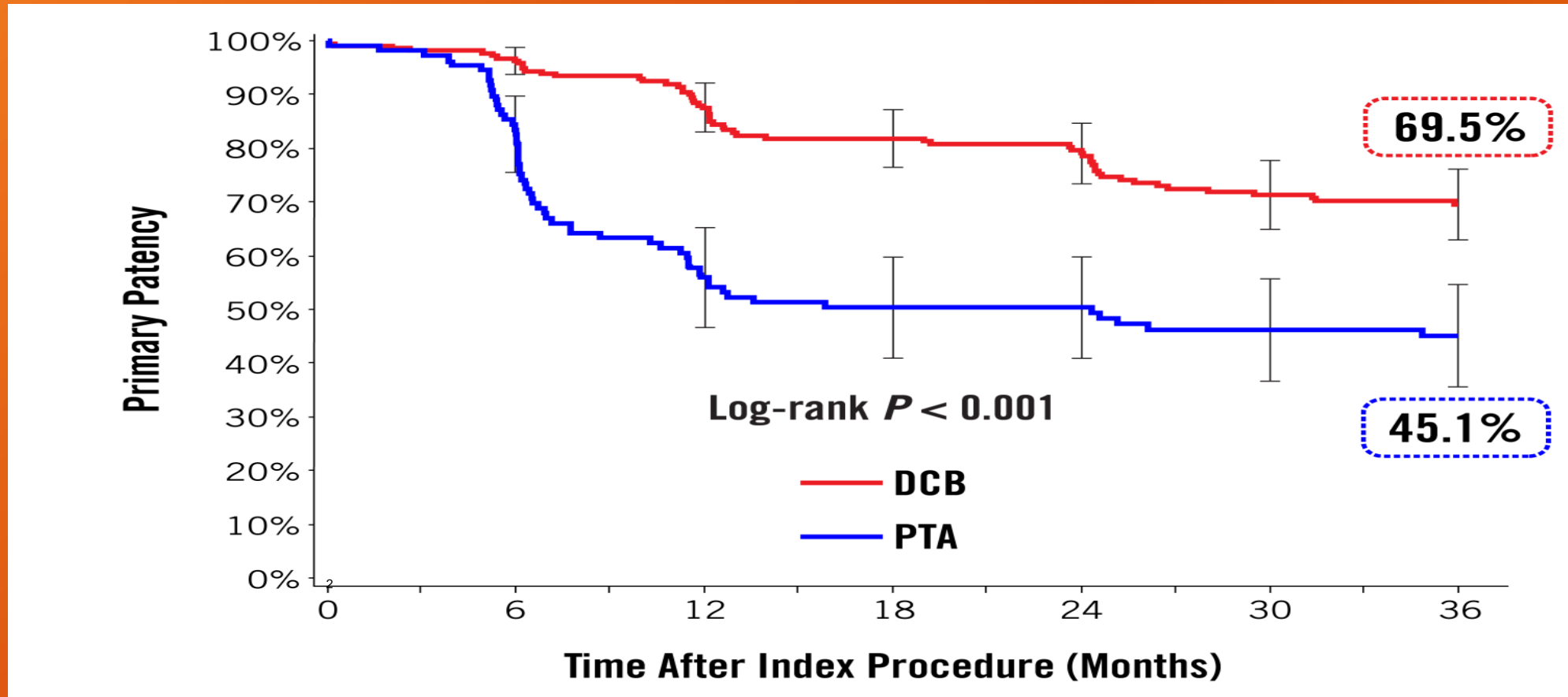
| LLL (mm) | Control Group (n = 54) | | PCB Group (n = 48) | | p Value |
|-------------|------------------------|----------------------------|--------------------|---------------------------|---------|
| | Mean ± SD | Patients With Data, n | Mean ± SD | Patients With Data, n | |
| 6-month FU | 1.7 ± 1.8 | 48 | 0.4 ± 1.2 | 41 | 0.0007 |
| 12-month FU | 1.9 ± 1.9 | 36 14 with previous TLR | 0.7 ± 1.5 | 33 2 with previous TLR | 0.01 |
| 5-year FU | 1.5 ± 1.3 | 11 4 with previous TLR | 0.7 ± 1.9 | 13 1 with previous TLR | 0.54 |

| Binary Restenosis (%) | n | % Related to Patients With Data | | p Value |
|-----------------------|----|---------------------------------|------|---------|
| | | n | % | |
| 6-month FU | 21 | 7 | 43.8 | 0.01 |
| 12-month FU | 17 | 8 | 50.0 | <0.05 |
| 5-year FU | 7 | 3 | 54 | 0.04 |

| First TLR (cumulative) | n | Treated Patients, % (n = 54) | | Treated Patients, % (n = 48) | | p-value |
|------------------------|----|------------------------------|------|------------------------------|------|---------|
| | | n | % | n | % | |
| 6-month FU | 20 | 2 | 37.0 | 2 | 4.2 | <0.0001 |
| 12-month FU | 26 | 5 | 48.1 | 5 | 10.4 | <0.0001 |
| 24-month FU | 28 | 8 | 51.9 | 8 | 16.7 | 0.0003 |
| 5-year FU | 30 | 10 | 55.6 | 10 | 20.8 | 0.0005 |



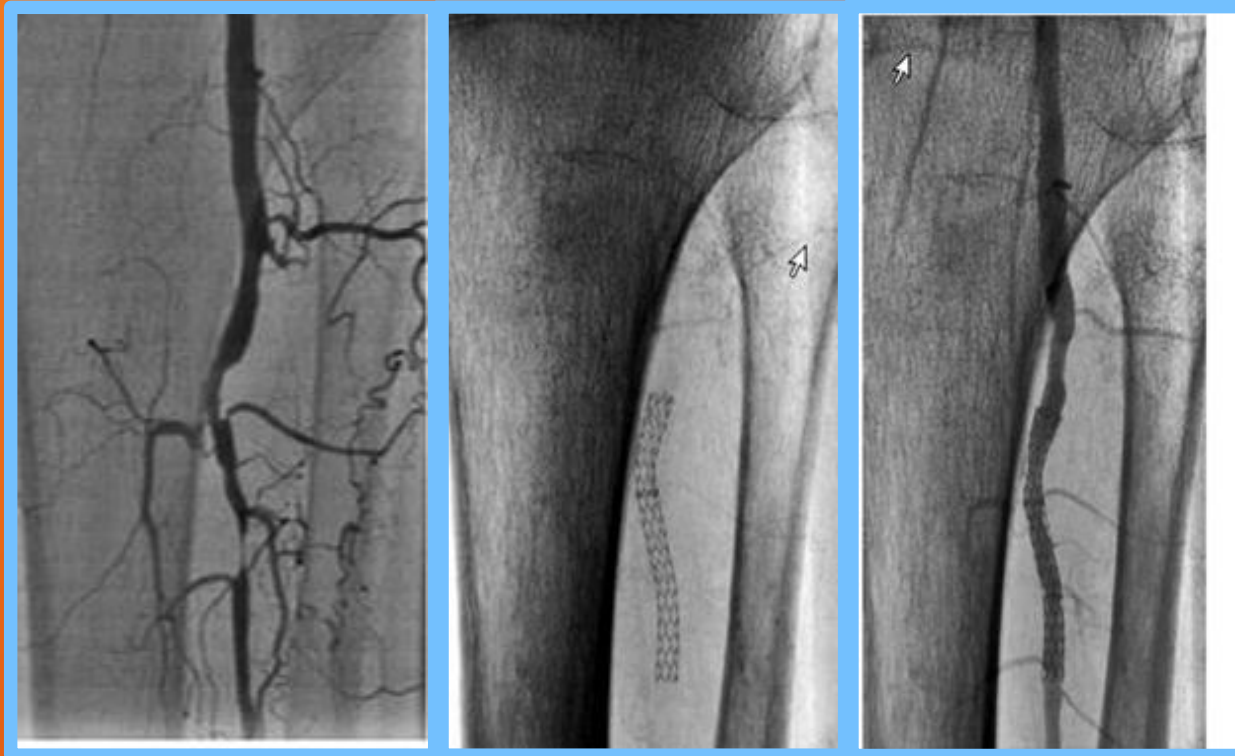
DCB Primary Patency at 3 Years



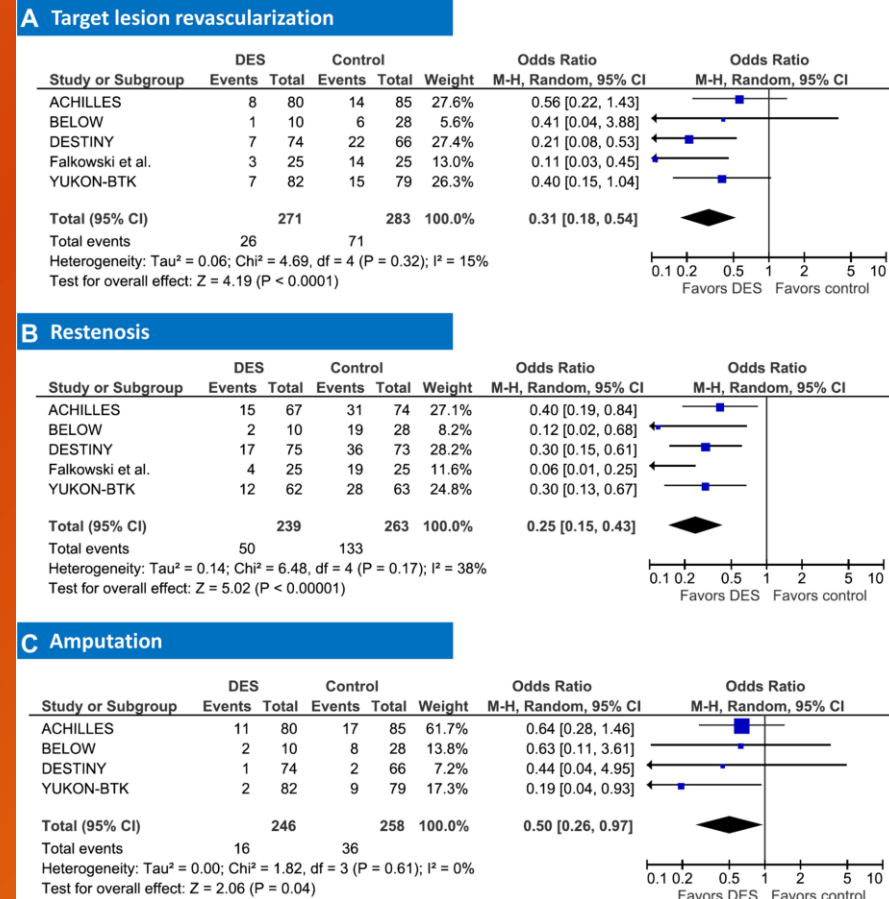
Below-Knee: Drug Eluting Stents



Drug-Eluting Stents for Revascularization of Infrapopliteal Arteries: Updated Meta-Analysis of Randomized Trials



Feiring, AJ, Wesolowski, AA. CCI 2007,69:665-670



PAD APPROPRIATE USE CRITERIA



PERIPHERAL VASCULAR DISEASE
Core Curriculum

WILEY

SCAI appropriate use criteria for peripheral arterial interventions: An update

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1 | INTRODUCTION

In 2014, the Society for Cardiovascular Angiography and Interventions (SCAI) published the first Appropriate Use Criteria (AUC) for endovascular therapy (EVT) for atherosclerotic peripheral artery disease (PAD) involving the aorto-iliac, femoral-popliteal, infra-popliteal, and renal arterial circulations [1-4]. These documents were developed to assist clinicians' decision-making, to improve patients' understanding regarding relative risks and benefits of a procedure, and to guide future research. Clinical scenarios were described in which catheter-based intervention was classified as "appropriate," "may be appropriate," or

Abbreviations: BE, balloon expandable; BMS, bare metal stent; BP, blood pressure; CA, common iliac artery; CKD, chronic kidney disease; CTO, chronic total occlusion; DCB, drug coated balloon; DES, drug eluting stent; EIA, external iliac artery; EVT, endovascular therapy; FF, femoral-popliteal; GDMT, guideline directed medical therapy; HTN, hypertension; IP, infra-popliteal; LASER, light amplification by stimulated emission of radiation; PFA, profunda femoris artery; PVAO, percutaneous ventricular assist device; PTA, percutaneous transluminal angioplasty; RAS, renal artery stenosis; RC, Rutherford classification; SE, self-expanding; TAVR, transcatheter aortic valve replacement; TLR, target lesion revascularization.

E90 | © 2017 Wiley Periodicals, Inc. | wileyonlinelibrary.com/journal/ccd | Catheter Cardiovasc Interv. 2017;90:E90-E110.

- The AUC for PAD have the potential to impact physician decision making, healthcare delivery, and reimbursement policy.
- Recognition of 'uncertain' clinical scenarios facilitates identification of areas that would benefit from future research.
- The objective of AUC is to improve health outcomes in a cost-effective manner, but are not intended to ignore ambiguity and nuance intrinsic to patient-centered clinical decision making.
- AUC should not be considered a substitute for sound clinical judgment based on experience.



Appropriate Use Criteria

TABLE 2.1 Intermittent Claudication; No Prior Guideline-Directed Medical Therapy

| Indications | AUC Score | | |
|-----------------------------------|--------------------------|------------------------|--------------------|
| | Initiate Medical Therapy | Endovascular Treatment | Surgical Treatment |
| 14. ■ Any lower extremity disease | A (9) | R (2) | R (1) |

A = Appropriate; AUC = Appropriate Use Criteria; R = Rarely Appropriate.

TABLE 2.2 Intermittent Claudication Despite Guideline-Directed Medical Therapy—Stenotic Lesions

| Indications | AUC Score | | |
|--------------------------------|---------------------------------------|------------------------|--------------------|
| | Continue or Intensify Medical Therapy | Endovascular Treatment | Surgical Treatment |
| 15. ■ Aortoiliac | A (9) | A (8) | M (4) |
| 16. ■ SFA and popliteal artery | A (9) | A (7) | M (6) |
| 17. ■ Below the knee | A (9) | M (5) | R (3) |

A = Appropriate; AUC = Appropriate Use Criteria; M = May Be Appropriate; R = Rarely Appropriate; SFA = superficial femoral artery.

TABLE 2.3 Intermittent Claudication Despite Guideline-Directed Medical Therapy—Chronic Total Occlusion

| Indications | AUC Score | | |
|--------------------------------|---------------------------------------|------------------------|--------------------|
| | Continue or Intensify Medical Therapy | Endovascular Treatment | Surgical Treatment |
| 18. ■ Aortoiliac | A (9) | A (7) | M (6) |
| 19. ■ SFA and popliteal artery | A (9) | M (6) | M (6) |
| 20. ■ Below the knee | A (9) | M (4) | R (3) |

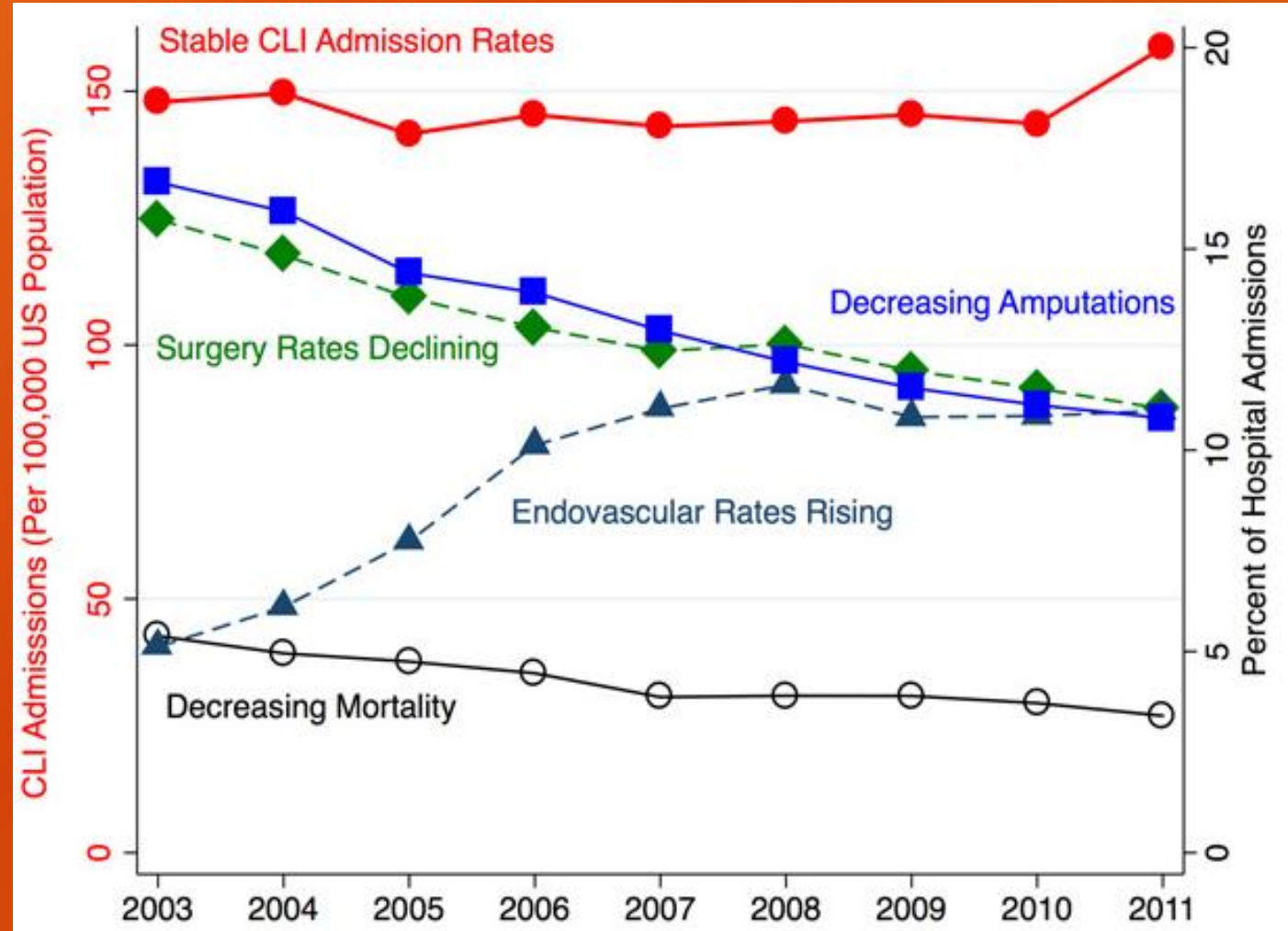
A = Appropriate; AUC = Appropriate Use Criteria; M = May Be Appropriate; R = Rarely Appropriate; SFA = superficial femoral artery.

● Intermittent Claudication

- Ao-Iliac
- Fem-Pop Stenosis
- Fem-Pop Occlusion

● Favor Endo-first over Surgery

CLI: US Trends



Agarwal S, et.al. J Am Coll Cardiol 2016;68:2002-15 .



- In 2019, an Endo-First strategy for PAD revascularization is safe and effective when compared to Open Surgery.



Thank You